

Community Involvement Hours

NHS: October 2021





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*Life's most persistent and
urgent question is, what are you
doing for others.*

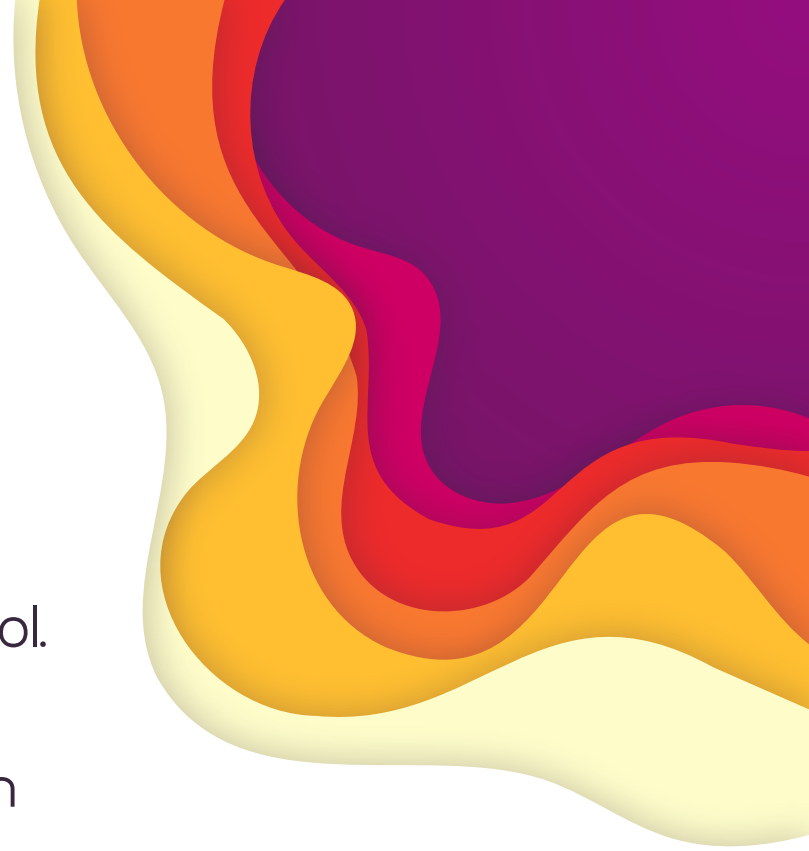
~ Martin Luther King, Jr.

The Power of Volunteering



An Overview of Community Involvement Hours

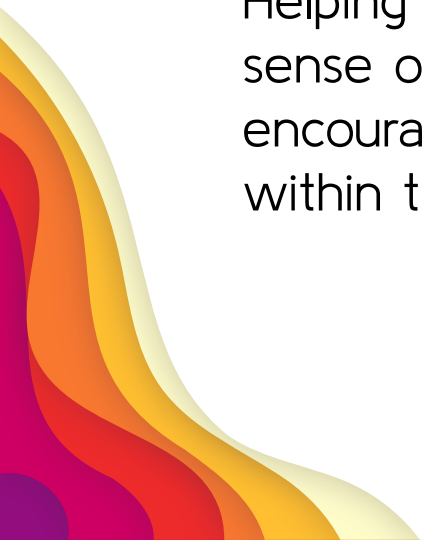
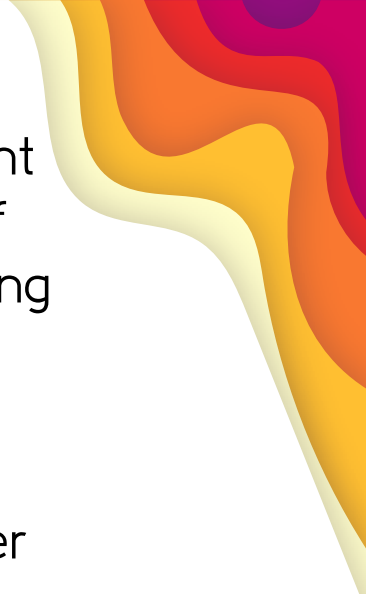
The Ministry of Education requires all secondary school students to complete **40 hours** of community involvement in order to graduate from secondary school. Students may complete these hours at any time before graduation, beginning in the summer following Grade 8.



Community Involvement Hours Update 2021-2022

The community involvement graduation requirement has been reduced to a minimum of 20 hours for students graduating in the 2021-2022 school year. This recognizes that graduating students have had barriers to earning their community involvement hours last school year and their may be continued barriers during this academic year.





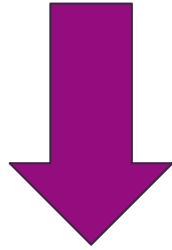
“The purpose of the community involvement requirement is to encourage students to develop an understanding of civic responsibility and the role they can play in supporting and strengthening their communities. Community involvement increases student awareness of community needs and how they can make a positive difference. Helping others enhances self-image and fosters a greater sense of belonging. Parents/Guardians can help by encouraging students to volunteer and develop lasting ties within their communities.”

~ YRDSB Community Involvement Guide

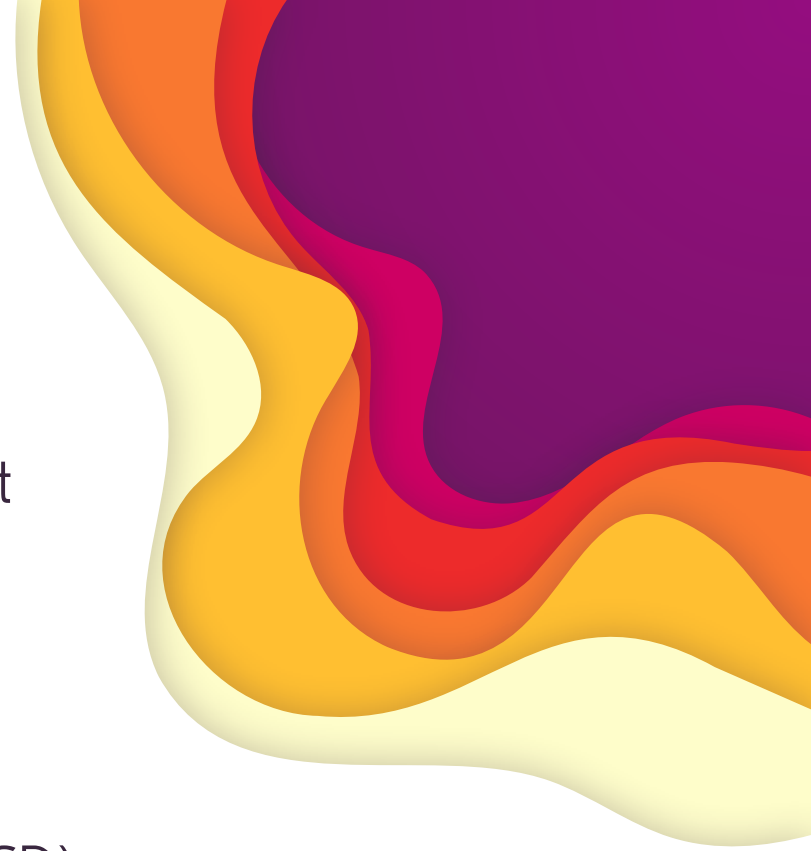
Reasons to Volunteer

Graduation Requirement:

40 Hours of Community Involvement



Ontario Secondary School Diploma (OSSD)



Reasons to Volunteer

Active Participation:

- Participate in your community
- Adopt leadership roles in your community
- Build positive relationships

Identity:

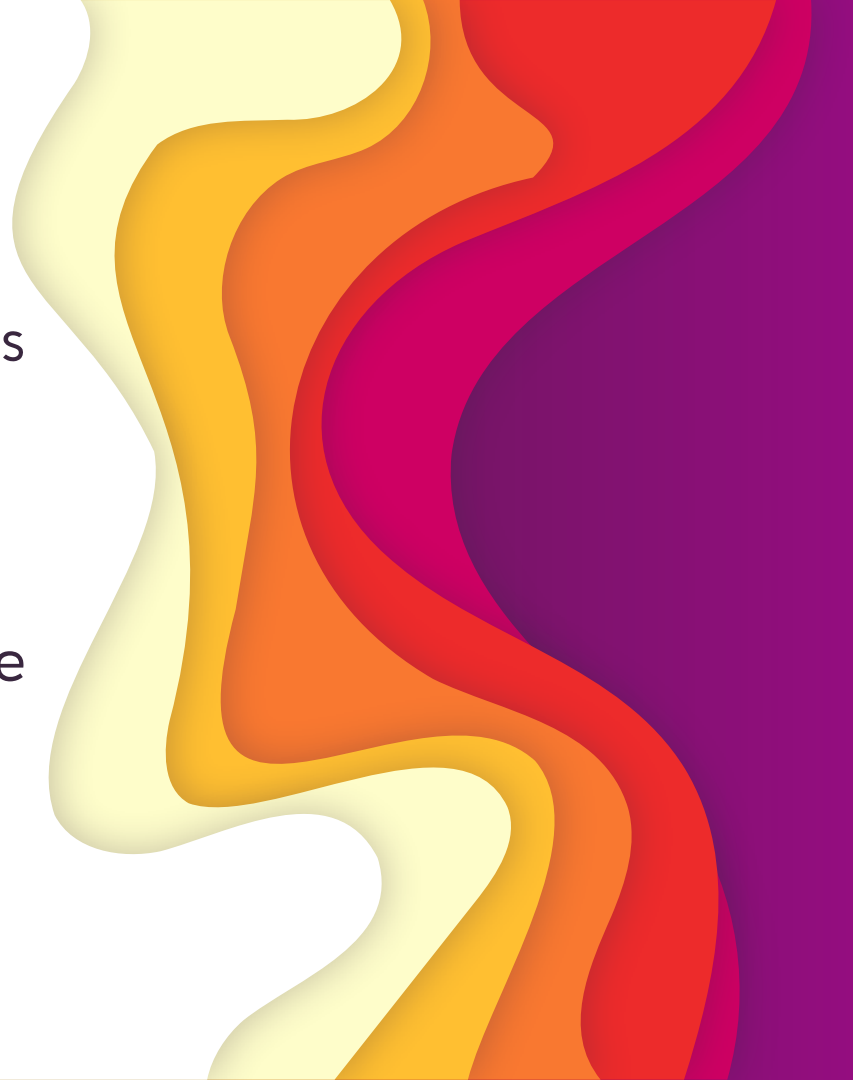
- Connect to your local community
- Develop a sense of who you are
- Engage in opportunities to collaborate

Tangible Rewards:

- Scholarship opportunities



Before selecting an activity, students need to review the lists of eligible and ineligible activities. If you have questions about your selection please contact your Guidance Office or principal.



What types of activities are ineligible?

Ineligible Activities are activities that may not be included in community involvement hours by students as outlined by both the Ministry of Education and the York Region District School Board. An ineligible activity is an activity that:

- involves any work for a for-profit organization;
- is a requirement of a class or course in which the student is enrolled;
- takes place during the time allotted for the instructional program on a school day with the exception of an activity that takes place during the student's lunch breaks or "spare" periods, which is permissible;
- takes place in a logging or mining environment, if the student is under 16 years of age;
- takes place in a factory, if the student is under 15 years of age;
- takes place in a workplace other than a factory, if the student is under 14 years of age and is not accompanied by an adult;
- would normally be performed for wages by a person in the workplace;
- involves the operation of a vehicle, power tools, or scaffolding;
- involves the administration of any type or form of medication or medical procedure to other persons;
- involves handling of substances classed as "designated substances" under the Occupational Health and Safety Act;
- requires the knowledge of a tradesperson whose trade is regulated by the provincial government;
- involves banking or the handling of securities, or the handling of jewellery, works of art, antiques, or other valuables;
- consists of duties normally performed in the home or personal recreational activities;
- involves a court-ordered program;
- involves any volunteer work for a York Region District School Board Trustee; or
- involves participation in extra-curricular activities at secondary school, or any position for which a student stands for school-wide election.

What types of activities are eligible?

Eligible Activities are volunteer activities that may be counted towards 40 community involvement hours that must be accumulated by students as a graduation requirement. Eligible activities are those activities that provide services to improve the community or well-being of its members and may be performed for not-for-profit organizations. If an activity does not fall within the categories approved by the Board, and is not on the list of ineligible activities students must obtain written approval from the principal before beginning the activity.

Elementary Schools – assist with school events, assist School Councils, activities for children;

Secondary Schools – organization and leadership of school activities that benefit the community;

Animal Care – volunteering in a zoo, animal shelter, or on a farm;

Arts and Culture – volunteering in galleries, libraries, community productions;

Charitable Organizations – assisting with special events, programs, clerical tasks;

Children/Youth Programs – assisting with children/youth programs, volunteering in a not-for-profit child care centre or camp;

Community Organizations – assisting with special events, food banks, community support services, shelters, clerical tasks;

Community Service for Individuals – assisting community members in need;

Environmental Projects – flower/tree planting, beautification projects, recycling projects, recycling depot;

Health Agencies – volunteering in hospitals, hospices, Canadian Blood Services (volunteering to organize or assist with a blood donor clinic), donating blood (time required to donate);

Law Enforcement Agencies – volunteering for activities sponsored by the police;

Political Organizations – activities related to legitimate and recognized political organizations; municipal, provincial and federal political activities except for those supporting York Region District School Board Trustees;

Religious Organizations – assisting with programs, special events;

Senior Citizens – assisting in seniors' residences, providing services for seniors in the community;

Sports and Recreation – coaching, organizing special events, assisting with projects/events; or

Service-Focused Club Activities – activities that expand community service to others beyond the school day (holiday dinner participation, environmental action activities, etc.).

If an eligible activity also falls within the definition of ineligible activities, the activity will be deemed ineligible.

Where a blood donor clinic takes place during the school day, hours will only be provided to students volunteering during their lunch, spare periods or before and after school.

Activities at for-profit organizations such as private camps, child care centres, or farms, will not be eligible.

In addition to the eligible activities listed on the previous slide, all students in the 2021-2022 school year can also earn hours by following the guidelines below.

At the principal's discretion, schools may waive the restrictions that do not allow students to earn hours:

- During the time allotted for the instructional program on a school day; or
- For duties normally performed in the home (e.g., walking a younger child to and from school, helping younger siblings with school work).
- Students aged 14 years and older can count up to a maximum of 10 hours from paid employment towards their earned hours at the discretion of the principal.
- Students counting paid employment towards their graduation requirement will be required to complete a reflection exercise indicating how their work contributed to the service for others..



Research for opportunities



Come to Guidance!
Speak with your counsellor or check out the C.I. bulletin board



Fill out your C.I. form and hand in to Guidance



Complete your hours!



Initiate a community involvement form

Completing Your Community Involvement Hours

Opportunities are posted:

- On the Guidance Office on the Community Involvement bulletin board
- In the bi-weekly e-bulletin that is sent home to families.
- And, on the NHS Guidance page:
<http://www.yrdsb.ca/schools/newmarket.hs/guidance/Documents/Virtual%20Volunteering%20Opportunities.pdf>



COMMUNITY INVOLVEMENT

Explore the volunteer opportunities that are available to you.

Yorkinfo
Community Information & Volunteer Centre
www.yorkinfo.ca

BECOME A GROUP PEER SUPPORT LEADER
FLORA GRADE 7 AND 10 STUDENTS
• MEET • LEARN • GROW
• SUPPORT • HELP OTHERS
• BUILD CONFIDENCE
• DEVELOP LEADERSHIP SKILLS
• BE A PART OF THE LEADER GROUP
FOR THE REMAINDER OF THE YEAR AT SCHOOL

VOLUNTEER OPPORTUNITY
Serving Seniors

VOLUNTEER OPPORTUNITY

SPLC
Volunteer

VOLUNTEER OPPORTUNITY

Be sure to get your **Community Involvement form** completed and submitted in a timely manner.

VOLUNTEER OPPORTUNITY

VOLUNTEER OPPORTUNITY

VOLUNTEER OPPORTUNITY

VOLUNTEER OPPORTUNITY

MAGNA

NEED MORE Community Service Hours BEFORE GRADUATION?

Here are 6 EXCELLENT REASONS for why volunteering is always worth your time!

- 1. Meet new people and make lasting friendships.
- 2. Gain real world experience and skills for your resume.
- 3. Make your resume stand out from the crowd.
- 4. Be a part of your community and make a difference.
- 5. Build your network and professional profile for the upcoming job market.

Sign up for volunteer hours today with **Neighbourhood Network**.
network.org

MAGNA

DON'T FORGET!!
GET YOUR HOURS PRE-APPROVED BY YOUR **GUIDANCE COUNSELLOR**





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- School Information
- News & Events
- Departments & Programs
- Students
- Parents
- Guidance
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- Secondary School Requirements
- Transitions - Grades 8-9
- School Course Calendar
- Alternate Ways of Learning
- Individual Pathway Planning
- Post Secondary Education
- Financing your Education
- Finding a Job or a Career
- Health and Wellness

Ontario Secondary School Diploma (OSSD)

34 Credit Threshold

Community Involvement

Literacy Requirements

Ontario Secondary School Certificate (OSSC)

Certificate of Accomplishment

Do you know that NHS Guidance Department has Instagram? Follow us **@nhs_guidance**





Secondary

Newmarket High School

NEWMARKET HIGH SCHOOL

Staff: --Select an Application--

Students: --Select an Application--

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Newmarket H.S.

School Information

News & Events

Departments & Programs

Students

Parents

Guidance

Library

School Council



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Secondary School Requirements ▶

Community Involvement

Transitions - Grades 8-9

Letter to Families

School Course Calendar

[Community Involvement Hours Update](#)

Alternate Ways of Learning

Individual Pathway Planning ▶

NHS Pre-Approval Process

Post Secondary Education ▶

[Step by Step Instructions for Completing your Community Involvement form at NHS](#)

Financing your Education ▶

[Virtual Volunteering Opportunities](#)



Finding a Job or a Career ▶

Neighbourhood Network



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NeighbourhoodNetwork
Building Better Communities Together

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Building better communities together.

We multiply community giving and create caring and vibrant neighbourhoods through promoting volunteerism, linking resources, and supporting local charities and agencies.

[LEARN MORE](#)


15,885
Volunteers

443
Partners

72
Volunteer Opportunities



Completing Your Community Involvement Form



STEP 1

**Notification and Completion of
Community Involvement Activities**

Student _____

Student Telephone _____

School Year (xxxx - xxxx) _____

Student Number _____

High School _____

Principal _____

Please provide the information requested below about the community involvement activities in which you plan to participate. Submit this form to the school Guidance Office when you have completed 40 hours of community involvement activities. All activities must be on the eligible list.

ACTIVITY	ESTIMATED NUMBER OF HOURS	ESTIMATED DATE OF COMPLETION	SCHOOL APPROVAL	COMPLETED NUMBER OF HOURS	DATE OF COMPLETION	TELEPHONE NUMBER, ORGANIZATION & SUPERVISOR NAME (PLEASE PRINT)	SUPERVISOR SIGNATURE & COMMENTS
Total							

Student Signature

Parent/Guardian Signature

Date

Date

For office use only

Completion has been noted on Student Trillium Record

Signature of School Official _____ Date _____

This information is collected and used pursuant to the Education Act. The information will be used to document the Community Involvement Diploma Requirement.
 White (Original) - OSR retain 5 years post retirement Yellow - Student Copy Pink - (Notification) - Guidance (OSRs are retained in guidance.)

Forms are available in the Guidance office and on the NHS Guidance website:
<http://www.yrdsb.ca/schools/newmarket.hs/guidance/Pages/Community-Involvement.aspx>



STEP 2

Notification and Completion of Community Involvement Activities

Student _____	Student Number _____
Student Telephone _____	High School _____
School Year (xxxx - xxxx) _____	Principal _____

Please provide the information requested below about the community involvement activities in which you plan to participate. Submit this form to the school Guidance Office when you have completed 40 hours of community involvement activities. All activities must be on the eligible list.

ACTIVITY	ESTIMATED NUMBER OF HOURS	ESTIMATED DATE OF COMPLETION	SCHOOL APPROVAL	COMPLETED NUMBER OF HOURS	DATE OF COMPLETION	TELEPHONE NUMBER, ORGANIZATION & SUPERVISOR NAME (PLEASE PRINT)	SUPERVISOR SIGNATURE & COMMENTS

Total _____

_____ Student Signature	_____ Date
_____ Parent/Guardian Signature	_____ Date

For office use only	
<input type="checkbox"/>	Completion has been noted on Student Trillium Record
_____ Signature of School Official	_____ Date

This information is collected and used pursuant to the Education Act. The information will be used to document the Community Involvement Diploma Requirement.

White - (Original) - Retained 5 years post retirement Yellow - Student Copy Pink - (Notification) - Guidance (OSRs are retained in guidance.)



STEP 3

Notification and Completion of Community Involvement Activities

Student _____	Student Number _____
Student Telephone _____	High School _____
School Year (xxxx - xxxx) _____	Principal _____

Please provide the information requested below about the community involvement activities in which you plan to participate. Submit this form to the school Guidance Office when you have completed 4 hours of community involvement activities. All activities must be on the eligible list.

ACTIVITY	ESTIMATED NUMBER OF HOURS	ESTIMATED DATE OF COMPLETION	SCHOOL APPROVAL	COMPLETED NUMBER OF HOURS	DATE OF COMPLETION	TELEPHONE NUMBER, ORGANIZATION & SUPERVISOR NAME (PLEASE PRINT)	SUPERVISOR SIGNATURE & COMMENTS
Total							

_____ Student Signature	_____ Date
_____ Parent/Guardian Signature	_____ Date

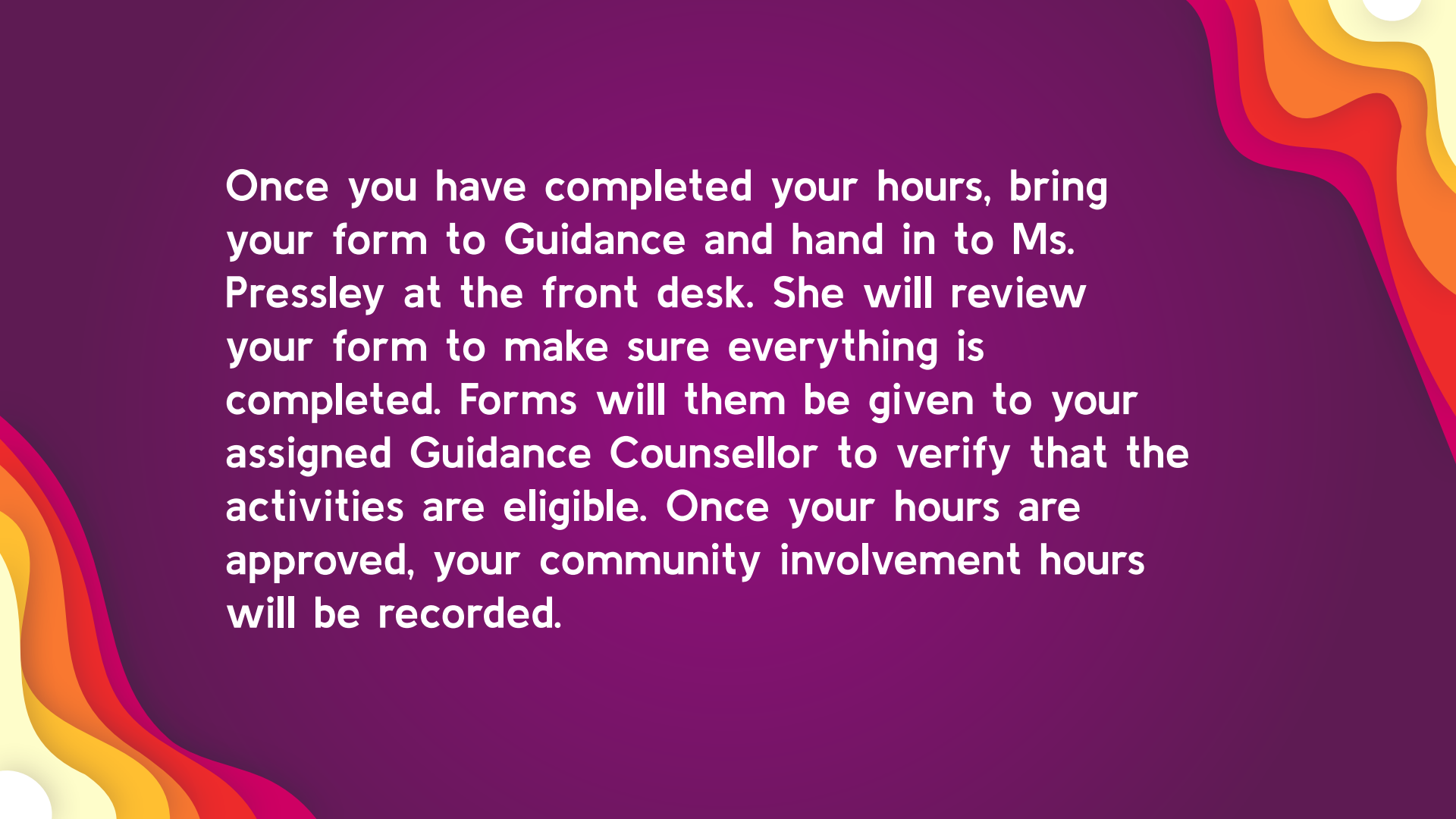
For office use only	
<input type="checkbox"/>	Completion has been noted on Student Trillium Record
_____ Signature of School Official	_____ Date

This information is collected and used pursuant to the Education Act. The information will be used to document the Community Involvement Diploma Requirement.

White (Original) - OSR retain 5 years post retirement

Yellow - Student Copy

Pink - (Notification) - Guidance (OSRs are retained in guidance.)



Once you have completed your hours, bring your form to Guidance and hand in to Ms. Pressley at the front desk. She will review your form to make sure everything is completed. Forms will then be given to your assigned Guidance Counsellor to verify that the activities are eligible. Once your hours are approved, your community involvement hours will be recorded.

For More Information:

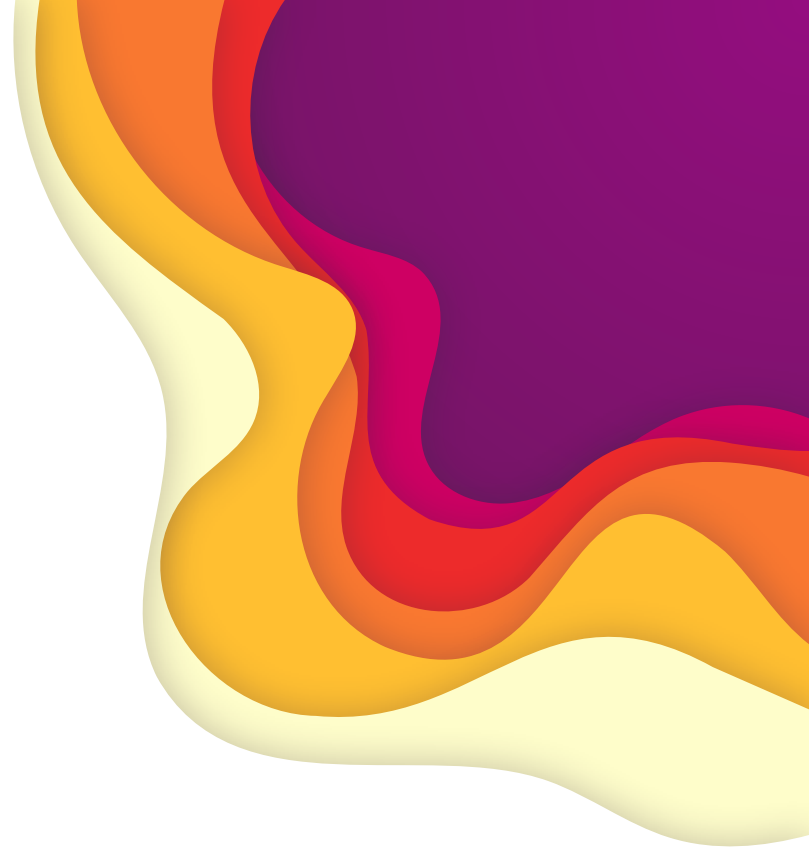
Visit the NHS Guidance Department or book an appointment in Teach Assist to meet with your Guidance Counsellor.

Ms. Perin: A – Gh

Ms. Mulrine-Gorman: Gi – I

Mr. Ward: J – Po

Ms. Calleja: Pr – Z





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*As you grow older, you will
discover that you have two
hands - one for helping
yourself, the other for helping
others.*

~ Audrey Hepburn